

BLAYDON CYCLE CLUB PRESENTS

The M12s TT

Friday 2nd June 2023

Course: M12s

First Riders: 19:01

Timekeepers: Ewa Johnson & Sharon Dyson

Event Secretary: Paul Wright, 134 Park Avenue, Whitley Bay. NE26 1AY

Email: paul@blaydon.cc

Tel: 07773377138

Results will be posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the Timekeepers on the afternoon of the event.



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.



HQ/SIGN ON/SIGN OFF

<u>Stamfordham Village Hall. NE18 ONA</u> Riders will be able to sign on from 18:00

There is LIMITED parking at the Village Hall but if these are full you must find other safe parking in the village. if you can ride to the event please do.. The toilet facilities are in the Hall. NO TURBOS IN THE CAR PARK PLEASE.

There will be no post-race buffet but we will be providing teas and coffees after the event.

HQ is right by the start Start/Finish lines. For the start you leave HQ and turn right up the hill about 100 meters to a layby. The finish is just before you re enter Stamfordham village so if you carry on after the finish you will get back to HQ.

COURSE DETAILS

https://www.cyclingtimetrials.org.uk/course-details/m12s

** If you don't know the course, please familiarise yourself with it prior to the event**

Course M12 Stamfordham - Black Heddon - Ingoe - Matfen - Stamfordham

12 Miles

Start 1/2 mile north of Stamfordham on the B6309. Proceed north to Black Heddon, and bear left to crossroads Belsay-Wallridge. Turn left to Wallridge, left towards Ingoe left to Matfen, left to Stamfordham, to Finish at the small lay-by just beyond the Stamfordham sign and at the 20 MPH speed warning.

Riders Safety notes:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.
- Take extreme care at road junctions, on descents, and when passing through villages.
- In wet or frosty conditions, descents and sharp bends can be particularly hazardous and should be negotiated with

extreme care

- Keep to the left at all times, and especially so on narrow roads with right hand bends.
- No U-turns to be made in the vicinity of the timekeeper(s).



• No dismounting in the finishing area and riders to proceed carefully into village observing the speed limit on crossing the

line.

Additional Information

Road surface conditions will be assessed periodically, and the current points should be taken in consideration by riders:

1. From the Start until Black Heddon, the road surface is consistently POOR with loose and broken sections and one large Pothole at approximately 1 mile on the racing line.

2. From Matfen towards Stamfordham, immediately after right hand bend approximately 800 metres from Matfen village, the surface is VERY BAD, with numerous broken sections and ruts. This into be marked with an additional RED FLAG until such time as it is repaired.

ALL RIDERS ARE REMINDED OF THEIR RESPONSIBILITY FOR "HEADS UP" RIDING AT ALL TIMES TO BE AWARE OF HAZARDS.

- You must look ahead and not ride with your head down
- No dismounting in the finishing area.
- DO NOT warm-up on the course once the event has started.
- Each rider must sign on for themselves and nobody else. Once the course has been completed, please remember to sign out.
- If you forget to sign out, you will be recorded as a "DNF" on the results sheet.
- Junior riders should bring a completed Parental Consent form in order to be allowed to ride. To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations.
- If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when the rider is in his/her normal riding position.

SAFETY NOTES



- Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- Any additional safety information will be provided at sign-on.
- Your machine must have a working front & rear light (flashing or constant) to be permitted to race. In the interests of your own safety, Cycling Time Trials and the event promoters you MUST wear a HARD-SHELL HELMET that meets an internationally accepted safety standard.
- All competitors MUST wear a hard-shell helmet.
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times.
- You must not take pace or shelter from any other vehicle or competitor (no drafting) failure to comply may lead to disciplinary action being taken.

ADDITIONAL NOTES TO COMPETITORS:

Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must sign the official signingout sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

AWARDS CATEGORIES



<u>Fastest Male on TT - £20</u>

Fastest Female on TT - £20

Fastest Male on Road bike - £20

Fastest Female on Road bike - £20

Fastest Junior/Juvenile - £10

Fastest Male Vet on Standard - £10

Fastest Female Vet on Standard - £10

RESULTS

We will announce all winner after the event AND These will be made available on the N&DCA Facebook page later in the day as well as being emailed out to competitors.

Please contact the Event Secretary before the Event day if you have any queries/concerns/comments on any of the above,